



Spiral Bracelet

By Alpine

Difficulty: Easy

Time: 30 minutes

Materials Needed:

- 3 (or more) colored strings about 30 inches long
- Scissors
- Optional: Tape or Safety Pin to hold bracelet in place while working

Knots You Need to Know:

- $\frac{1}{2}$ Forward Knot



Notes:

- Your knots will travel and spiral! That's what they are supposed to do in order to get the spiral.
- It may help to rotate your bracelet while you are working to keep the location of your knots in front as they spiral.
- It takes about 10 $\frac{1}{2}$ forward knots to get one complete spiral.

Spiral Bracelet Instructions

2

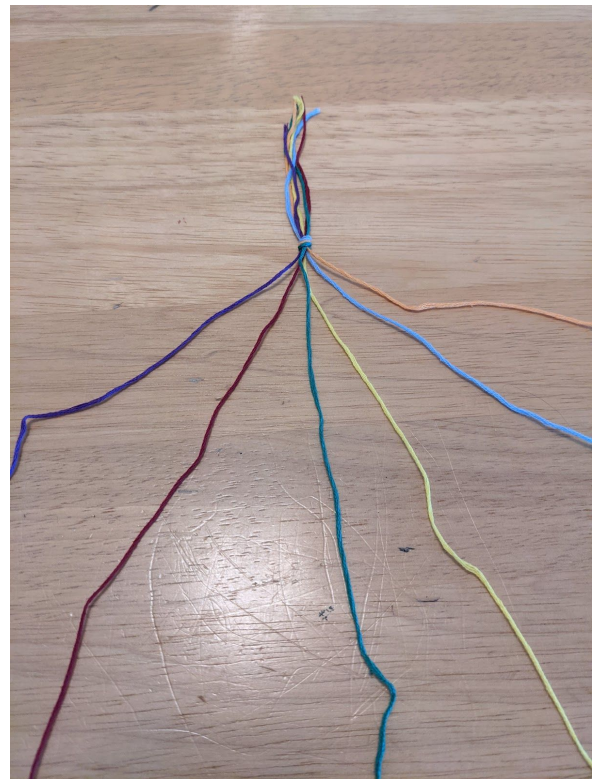
$\frac{1}{2}$ Forward Knot Instructions

10



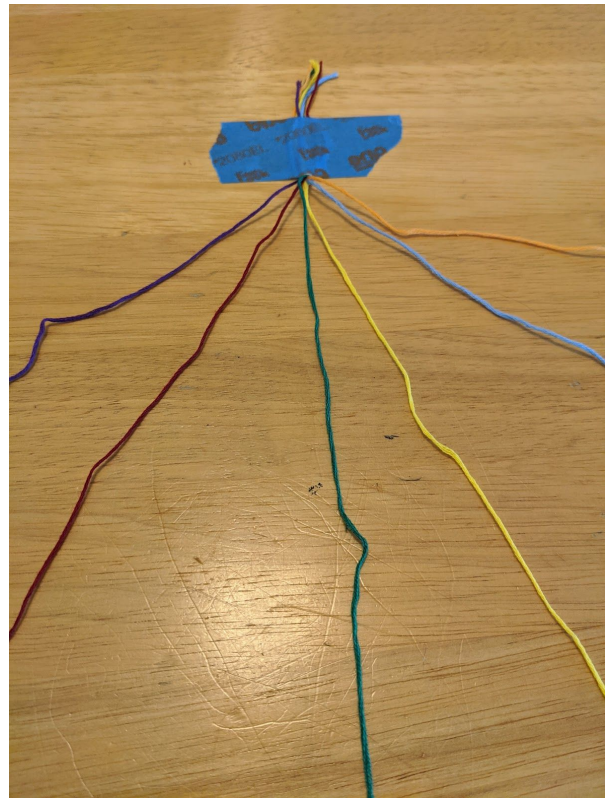
Spiral Bracelet Instructions

1. Tie all strings together at least 2 inches from the end.

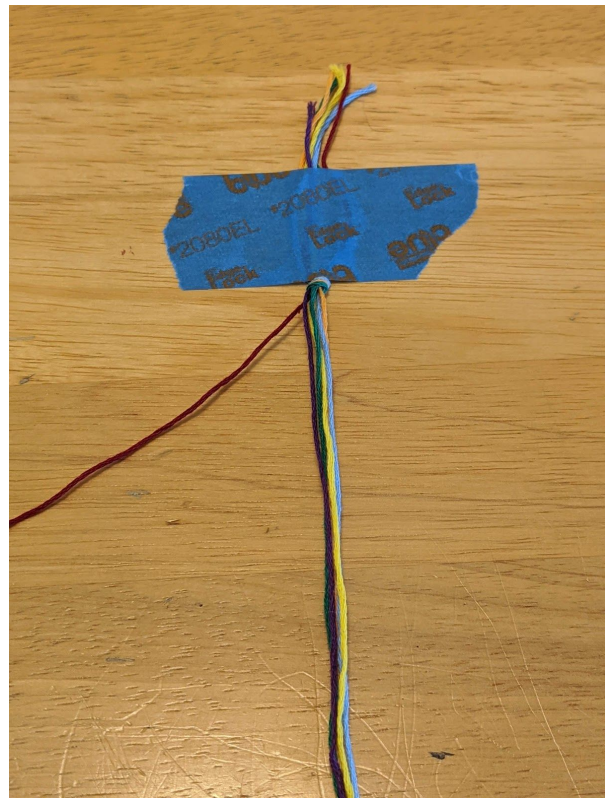




2. Tape, tie, pin or somehow secure your strings to a workable surface.

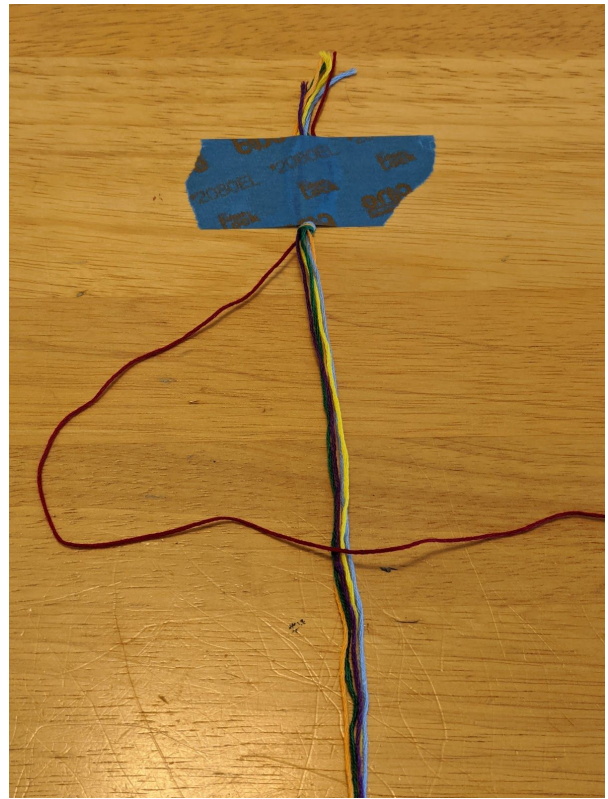


3. Pick your first color and tie a $\frac{1}{2}$ forward knot.

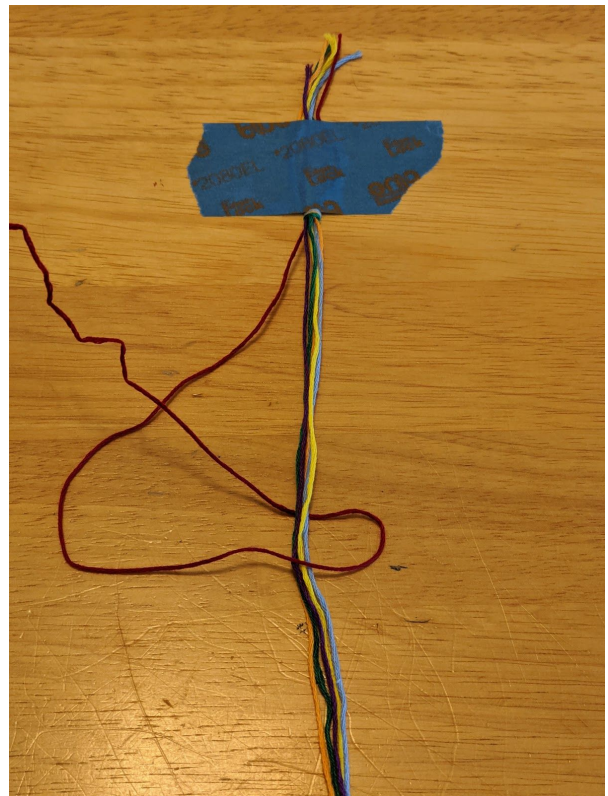




3a. Take the colored string you would like your knot to be and cross over the top of the other string(s) leaving a loop on the left and tail end on the right, forming what looks like the number **4**.

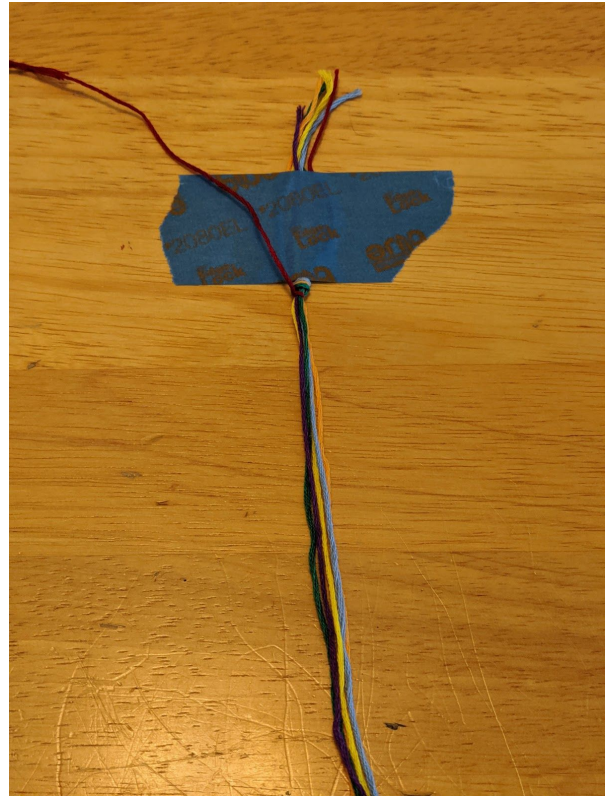


3b. Reach through the loop and behind your other string(s). Pull the tail end of your working colored string through the loop.

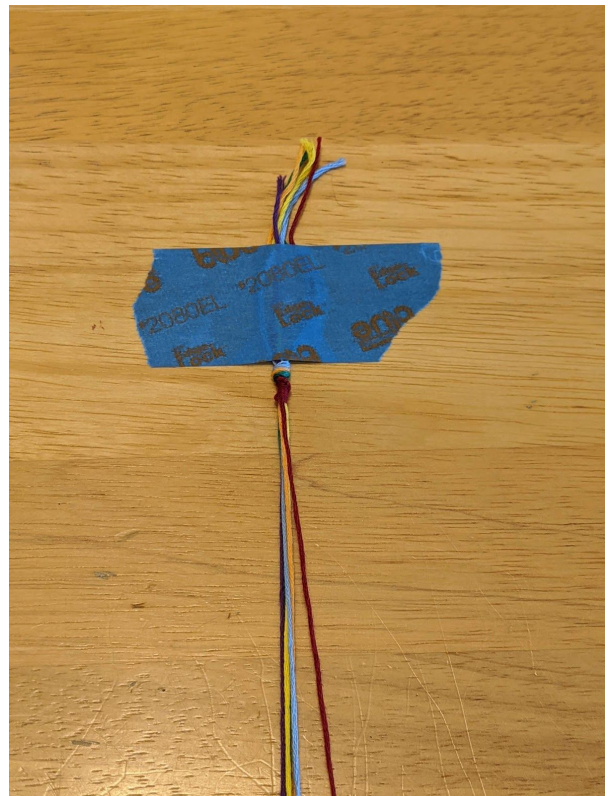




3c. Pull until tight.

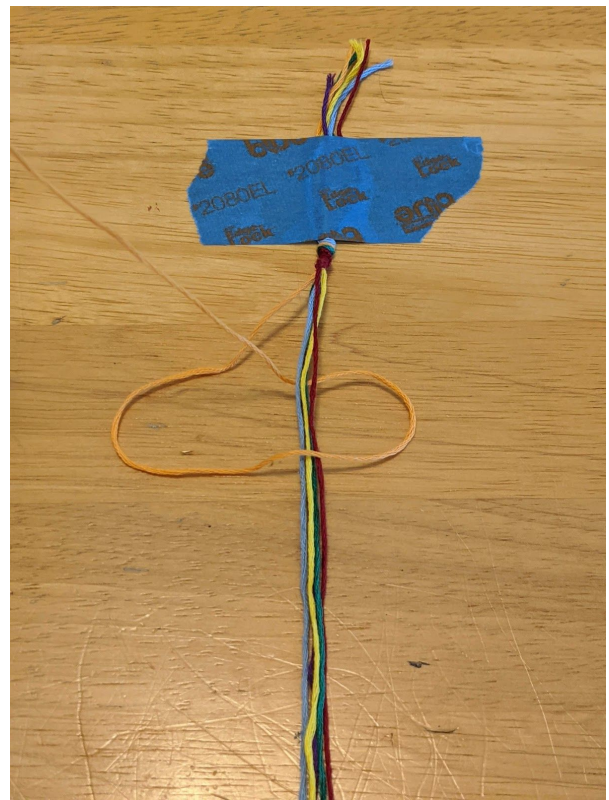
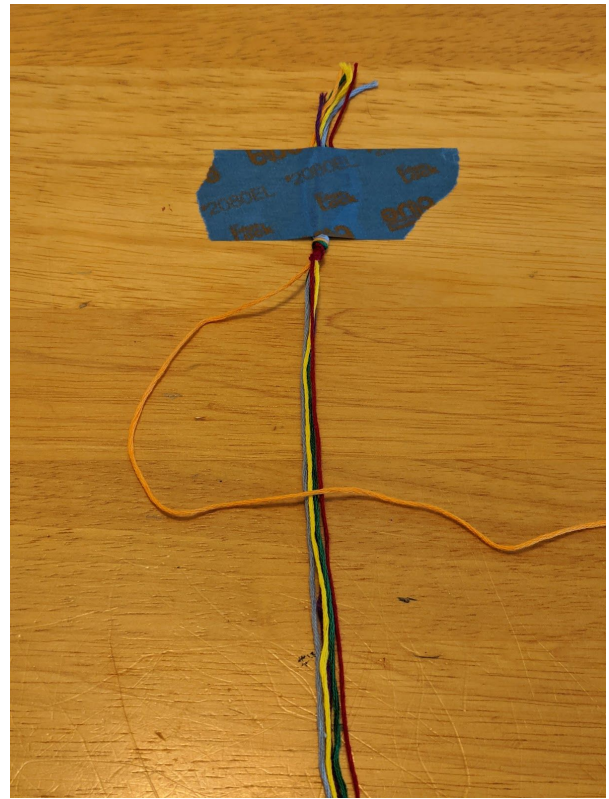


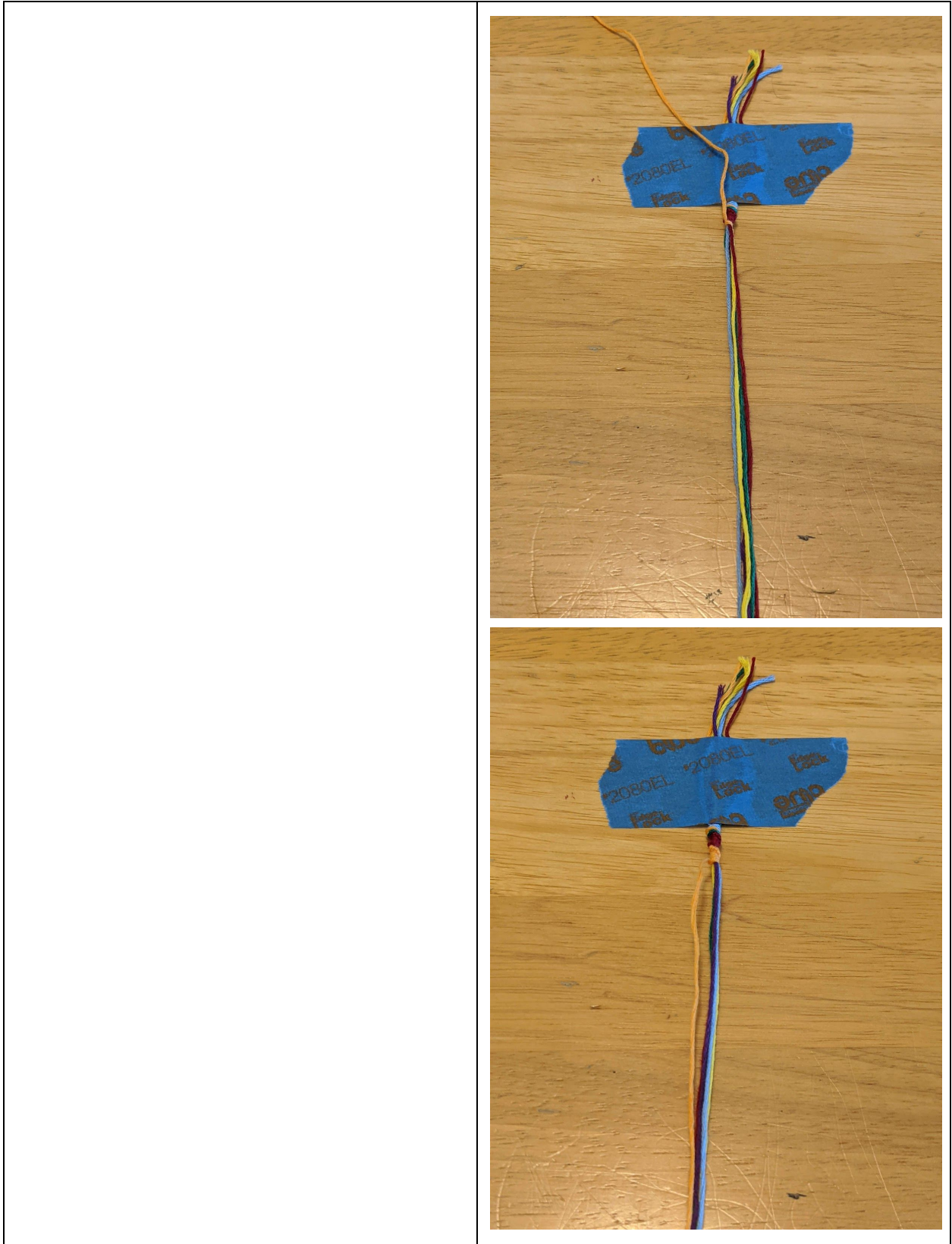
3d. Continue tying $\frac{1}{2}$ forward knots until desired length.





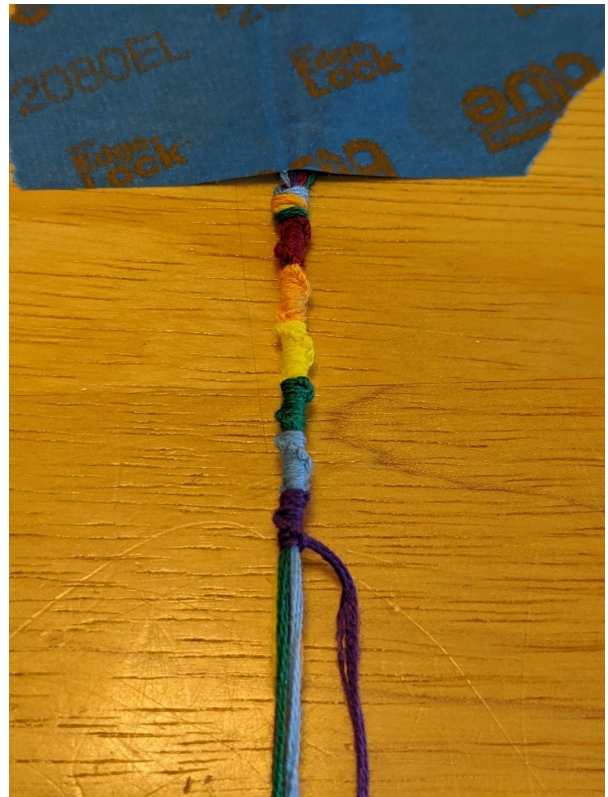
4. Pick your second color and tie $\frac{1}{2}$ forward knots until color is desired length.







5. Continue with new or repeating colors until your bracelet fits around a wrist, about 7 inches.



6. Tie off strings when finished.
7. Cut excess string about 2 inches from the knot.



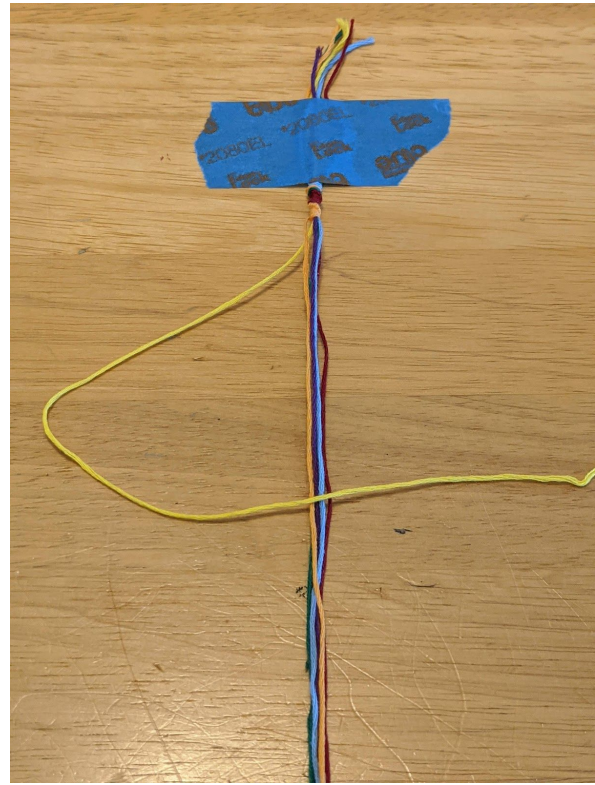


<p>8. Give to a friend/family member/loved one!</p>	



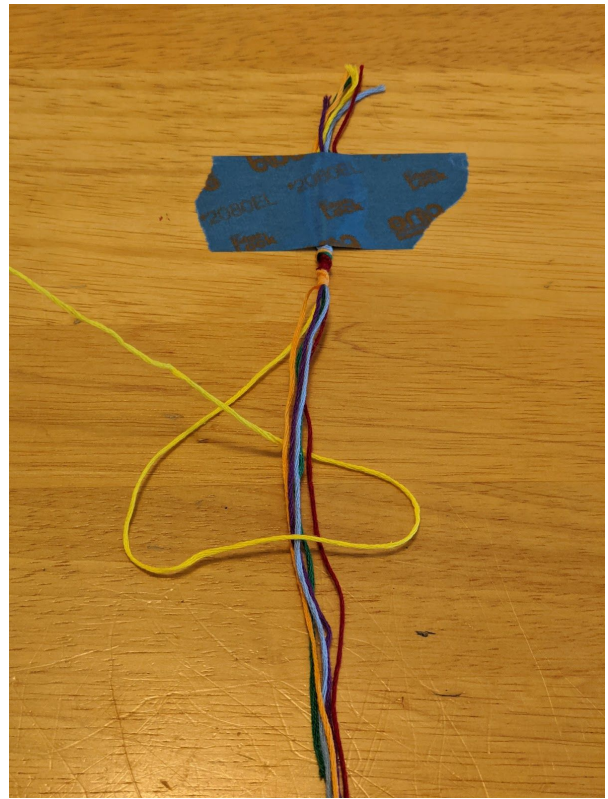
½ Forward Knot Instructions

1. Take the colored string you would like your knot to be and cross over the top of the other string(s) leaving a loop on the left and tail end on the right, forming what looks like the number 4.





2. Reach through the loop and behind your other string(s). Pull the tail end of your working colored string through the loop.



3. Pull until tight.

